

Jessica Lattman, MD

Jessica Lattman, MD, PLLC
New York, New York

ASK DR. LATTMAN

TELL US ABOUT YOUR PHILOSOPHY.
It's important I get to know the patient's idea of their aesthetics before offering my opinion. I look at every patient in the context of their overall health, then their face, and finally the eye and brow area. Understanding what they want and turning their concept into reality is imperative.

WHAT IS YOUR APPROACH TOWARD AESTHETICS?

My goal is to give patients a long-lasting, natural-appearing result with the shortest recovery time possible. I am careful to do age appropriate rejuvenation. I review options with the patient and proceed with a treatment that will flatter their natural facial structure.

WHAT COMMENTS DO YOU HEAR POST-PROCEDURE?

Even though we discuss what to expect, patients are still often surprised that their surgery was not painful. Most do fine with Tylenol®. Some are amazed they can have a procedure and just walk out afterward.

Sub-specialized

Dr. Lattman takes pride in her ability to handle the many complexities of the eyelid. "I enhance my patient's individual beauty without changing it," she says. Whether she is performing an upper blepharoplasty, browlift or ptosis repair, Dr. Lattman uses her reconstructive skills in conjunction with cosmetic surgery to customize each treatment plan. Her comprehensive knowledge and experience with the delicate and complex eye area allows her to approach each surgery with confidence. Years of addressing trauma and reconstructive cases have contributed to Dr. Lattman's knowledge of anatomy and function, serving to further refine techniques that reflect her keen aesthetic sense. "I can look at a patient's eyelids and draw from a wealth of experience. When you are talking about precision dictated by millimeters—that is my territory."



EYE ENHANCEMENT

60 MINUTE REJUVENATION

Dr. Lattman performs upper eyelid lifts in her office in less time than you might spend commuting. An injectable anesthetic is used and the procedure takes about 40 minutes. After icing for 20 minutes, the patient is free to go. A day of downtime and stitch removal a week later reveals a remarkable improvement.

“you should look good at every age”

AN OCULOPLASTIC SURGEON AND BOARD-CERTIFIED OPHTHALMOLOGIST, DR. JESSICA LATTMAN DEDICATES HER SPECIALIZED EXPERTISE TO ADDRESS BOTH MEDICAL AND COSMETIC CONCERNS OF THE EYES. A CLINICAL PROFESSOR IN THE DEPARTMENT OF OPHTHALMOLOGY AT THE NYU SCHOOL OF MEDICINE, DR. LATTMAN OFFERS PATIENTS THE OPPORTUNITY TO REJUVENATE THEIR EYES, WHICH ARE OFTEN THE FIRST FEATURE TO SHOW AGING. “IF YOUR EYES ARE AGING AND BOTHERING YOU NOW, THERE’S NO REASON TO WAIT FOR A PARTICULAR BIRTHDAY,” SAYS DR. LATTMAN. “I CAN MAKE YOU LOOK GREAT FOR THE AGE YOU ARE TODAY.”

MEET THE EXPERT

Jessica Lattman, MD

American Academy of Ophthalmology

SERVICES OFFERED

Blepharoplasty
Browlift
Reconstructive Eyelid and Brow Surgery
Eyelid Skin Care
Surgical Treatment of Eyelid Skin Cancer
Botox®
Aesthetic Facial Fillers: Juvéderm®, Restylane®, Radiesse®, Belotero®
Laser Resurfacing
Chemical Peels (Specialized for Eyelid Skin)

ABOUT DR. LATTMAN

HOW DID YOU DECIDE TO BE AN OCULOPLASTIC SURGEON?

I always knew I wanted to be a surgeon. The eyes are the centerpiece of facial expression. Rejuvenation of the eyelids requires precise surgical skills and techniques. I am a perfectionist, so eyelid surgery was a natural fit for me.

DEFINE SUCCESS.

For me, success is doing a procedure so well that the patient looks great but no one can figure out exactly what has changed.

HOW DO YOU SPEND YOUR FREE TIME?

I am a mother, a wife, and a surgeon and I truly enjoy all my roles. During my free time, I play piano and write music, which is another channel for my creative side.

WHAT ARE YOU EXCITED ABOUT FOR THE FUTURE OF YOUR PRACTICE?

My husband (Dr. David Rosenberg—a facial plastic surgeon) and I are building a surgery center in the heart of Manhattan. This private, luxurious, accredited facility will be the perfect setting for us to offer an exceptional experience for our patients.

MEDICAL DEGREE
New York University
School of Medicine

LOCATION
New York, New York

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To learn more about the practice visit
DrJessicaLattman.com