

THE BEAUTY AUTHORITY

| SPECIAL ISSUE |

# NEW BEAUTY

100+ AWARD WINNERS

*Beautiful*  
**LOOK SEXY NOW!**

*60 seconds to a dramatic transformation*

*inside*  
**SOFIA VERGARA: MODERN BEAUTY ICON**

**BEST OF THE YEAR!**

*game-changing products and treatments you must try!*

OUR 10<sup>th</sup> ANNIVERSARY

# THE FUTURE OF ANTI-AGING

THE MOST ADVANCED DISCOVERIES EVER!

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 DISPLAY UNTIL MARCH 30

ADVERTORIAL

## WHAT THE EXPERTS SAY...

### Reduce lines and restore volume



Lake Mary, FL, facial plastic surgeon Edward J. Gross, MD, says, "Botox will reduce forehead lines and raise the brows. Fillers used in the cheeks add volume, lift the area and reduce smile lines." [wedofaces.com](http://wedofaces.com)

### See your dentist on a regular basis



"If there's wear on the edges of your teeth, consider asking your dentist to make you a mouth guard to wear while you sleep," says Wilmette, IL, cosmetic dentist Craig S. Kohler, DDS. [kohlerdentistry.com](http://kohlerdentistry.com)

### Focus on achieving a natural look



"Sculpting the midface with a blend of Botox and Juvéderm Voluma XC helps create a heart-shaped face with perfect contours," says San Francisco dermatologist Vic Narurkar, MD. [bayarealaserdr.com](http://bayarealaserdr.com)

### Use the right kind of products



"Using the right exfoliator is the key to radiant skin," says celebrity aesthetician Veronica Barton Schwartz. "Products that have active ingredients help to nourish and hydrate your skin." [veronicaskincare.com](http://veronicaskincare.com)

### Rejuvenate skin with fillers



"Botox is a terrific way to erase forehead wrinkles," says New York oculoplastic surgeon Jessica Lattman, MD. "It's done in-office and requires no downtime." [drjessicalattman.com](http://drjessicalattman.com)

The doctors featured in here have not treated this celebrity.

NEWBEAUTY<sup>®</sup> READERS ASK:

### MORE DEFINED CONTOURS

Getting facials that lift, firm and contour the jawline, cheekbones and areas around the eyes help keep skin youthful and radiant.

### RED CARPET-WORTHY SMILE

Avoid biting your nails because it often leads to chipping on the edges of your teeth, and do not use abrasive toothpastes as they can remove enamel.

### PRACTICE A HEALTHY LIFESTYLE

Working out regularly, eating a healthy, balanced diet and drinking enough water each day will help you maintain beautiful skin.

### TARGETED TREATMENTS

For those not ready to make the jump to surgical corrections, the use of injectables and fillers can rejuvenate skin with next to no downtime.

### EVEN SKIN TONE

Applying topical retinol on a regular basis will help smooth out skin's texture and tone.



DEBRA MESSING

AGE 46

"How can I achieve the same age-defying look as Debra Messing?"

—Allison L. / Chicago

NewBeauty does not claim to know whether this celebrity has or has not had surgery and/or fillers and injectables, lasers or a combination.